NM Opioid Prescriber Survey 2017

Dear Medical Provider,

Thank you for agreeing to participate in this survey of New Mexico opioid prescribers.  We are interested in learning about how the NM Prescription Drug Monitoring Program is helping prescribers such as yourself, provider better care to your patients.  In addition, we are interested in how the reporting system can be improved to meet your needs as you care for your patients.

These data are being collected as part of a federal grant received the NM Office of Substance Abuse Prevention (NM OSAP) to improve and expand the use of PMP data for prevention purposes.

We know your time is precious.  This survey should take approximately 10 to 15 minutes to complete.

If you have questions or concerns about the survey, please contact Shelley Bagwell, PMP Director at Ben Kesner, PMP Executive Director, at Ben.Kesner@state.nm.us or (505)222- 9838 or Dr. Martha Waller with the Pacific Institute for Research and Evaluation at 919-265-2631 or mwaller@pire.org. Thank you for your time and consideration.

Intro1 Please indicate which field of medicine best describes you:

* Pharmacist (Pharm D)
* Nurse Practitioner
* Dentist (DMD)
* Oral Surgeon (DDS)
* Physician Assistant (PA)
* Primary Care Physician (MDs & DOs)
* Podiatrist (DPM)
* Surgeon
* Specialty Provider, MD (E.g., orthopedics, oncology, etc.)
* Other

Intro1\_6 Which subspeciality of medicine?

* Pediatrics
* Internal
* Family

Intro1\_9 Please name your specialty focus:

Intro1\_10 Please describe:

Intro2 What is your gender?

* Male
* Female
* I choose not to identify
* Other (please specify) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Intro3 How many years have you been in practice?

\_\_\_\_\_\_ Years

Intro4 In which New Mexico county do you primarily practice?

* Bernalillo County
* Catron County
* Chaves County
* Cibola County
* Colfax County
* Curry County
* De Baca County
* Dona Ana County
* Eddy County
* Grant County
* Guadalupe County
* Harding County
* Hidalgo County
* Lea County
* Lincoln County
* Los Alamos County
* Luna County
* McKinley County
* Mora County
* Otero County
* Quay County
* Rio Arriba County
* Roosevelt County
* San Juan County
* San Miguel County
* Sandoval County
* Santa Fe County
* Sierra County
* Socorro County
* Taos County
* Torrance County
* Union County
* Valencia County

Intro5 In your role as a health care provider, do you ever prescribe opioids and/or benzodiazepines?

* Yes
* No

Intro6 In your role as a health care provider, are you required to use the PMP to check controlled substance prescriptions?

* Yes
* No

Intro7 To what extent are you worried about the over prescribing of opioids to patients in general?

* Not worried at all. This is just an over reaction.
* Somewhat worried, but it's not as bad as the news makes it out to be.
* Worried. Prescribers need to be careful when prescribing opioids to patients.
* Very worried. Too many people are being prescribed opioid painkillers who don't need them for pain.

Q4 During an average work week, about how often are you asked to address a patient's pain management concerns?

* One to two times a week
* Several times a week
* Every day

Q5 If a patient presents with pain concerns, how likely are you to suggest an over-the-counter pain medication such as ibuprofen or acetaminophen as the first option?

* Very unlikely
* Somewhat unlikely
* Somewhat likely
* Very likely

Q5a Would you like to provide an explanation for your response?

Q6 If a patient presents with pain concerns, how likely are you to prescribe an opioid painkiller as the first option?

* Very unlikely
* Somewhat unlikely
* Somewhat likely
* Very likely

Q6a Would you like to provide an explanation for your response?

Q7 If a patient presents with pain concerns, how likely are you to suggest alternative pain management (i.e., physical therapy) before prescribing opioids?

* Very unlikely
* Somewhat unlikely
* Somewhat likely
* Very likely

Q8 Do you ever prescribe methadone for pain?

* Yes
* No

Q9 For what type of pain do you prescribe methadone?

TEXT The following activities are sometimes recommended when prescribing opioids to a patient.  Realistically, prescribers are often faced with competing demands.

Q10 In the context of your practice, when first prescribing opioids to a patient, how often do you…

|  |  |  |
| --- | --- | --- |
|  |   |   |
|  | Hardly ever | Somewhat often | Often | Always | Would you like to provide an explanation for your response? |
| ... inquire about the patient’s past opioid use (illicit and/or licit)? |  |  |  |  |  |
| ... inquire about any past problems the patient may have with substance use or addiction? |  |  |  |  |  |
| ... use an assessment tool to screen for any past or potential problems with a substance use disorder? |  |  |  |  |  |
| ... review the patient's chart for previous opioid or benzodiazepine prescriptions prior to prescribing an opioid? |  |  |  |  |  |
| ... avoid prescribing opioid pain medication for patients receiving benzodiazepines when possible? |  |  |  |  |  |
| ... check the Prescription Drug Monitoring data base for previous opioid prescriptions given to the patient prior to prescribing an opioid? |  |  |  |  |  |
| ... ask a delegate to pull/run a PMP report on a patient? |  |  |  |  |  |
| ... ask a delegate to review the PMP report and let you know if there are concerns? |  |  |  |  |  |
| ... require a urine test prior to prescribing opioids? |  |  |  |  |  |
| ... provide a prescription for naloxone/Narcan at the the same time? |  |  |  |  |  |

Q11 In general, to what extent are you concerned about the abuse of opioids in your patients?

* Very unconcerned
* Somewhat unconcerned
* Somewhat concerned
* Very concerned

Q11a Would you like to provide an explanation for your response?

Q12 Does your practice have a current policy or protocol for prescribing prescription painkillers to patients?

* No
* Yes

Q12a Please briefly describe the policy:

Q13 In your opinion, how well do you adhere to the policy or protocol?

* Do not adhere at all
* Sometimes adhere
* Mostly adhere
* Strictly adhere

Q13a Would you like to provide an explanation for your response?

Q14 In your opinion, how effective is the current policy or protocol at your practice in protecting doctors from over prescribing Rx pain killers?

* Very ineffective
* Mostly ineffective
* Mostly effective
* Very effective

Q14a Would you like to provide an explanation for your response?

Q15 In your opinion, how effective is the current policy or protocol at your practice in preventing patients from abusing Rx pain killers?

* Very ineffective
* Mostly ineffective
* Mostly effective
* Very effective

Q15a Would you like to provide an explanation for your response?

Q16 When prescribing opioids, how likely are you personally to talk to your patients about the following:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Very unlikely | Somewhat unlikely | Somewhat likely | Very likely |
| Proper disposal of unused/expired medication (especially opioids) |  |  |  |  |
| Safe storage of prescription drugs (especially opioids) at home |  |  |  |  |
| The dangers of mixing prescription drugs (especially opioids) with alcohol and other drugs (e.g., benzodiazapines) |  |  |  |  |
| The dangers of sharing prescriptions with other people to whom they are not prescribed (especially opioids) |  |  |  |  |
| How to recognize the signs of addiction (especially with opioids) |  |  |  |  |
| How to use naloxone/Narcan to prevent accidental overdose |  |  |  |  |

Q16\_1 Does someone else in your practice educate patients on this topic?

|  |  |  |
| --- | --- | --- |
|  | Yes | No |
| Proper disposal of unused/expired medication (especially opioids) |  |  |
| Safe storage of prescription drugs (especially opioids) at home |  |  |
| The dangers of mixing prescription drugs (especially opioids) with alcohol and other drugs (e.g., benzodiazapines) |  |  |
| The dangers of sharing prescriptions with other people to whom they are not prescribed (especially opioids) |  |  |
| How to recognize the signs of addiction (especially with opioids) |  |  |
| How to use naloxone/Narcan to prevent accidental overdose |  |  |

Q17 To what extent are you aware of the new regulations regarding use of the PMP in New Mexico that went into effect in January 2017 (SB 263)?

* I've heard nothing about it
* Vaguely aware
* Somewhat aware
* I know all about it

Q18 To what extent are you compliant with the new regulations regarding use of the PMP in New Mexico that went into effect in January 2017 (SB 263)?

* Not at all compliant
* Somewhat compliant
* Very compliant

Q19 Have your prescribing practices changed over the last 12 months?

* Not at all
* Some
* Very much

Q19a How have they changed?

Q20 Do you think about/discuss an exit strategy when starting a patient on an opioid?

* Yes
* No

Q21 When discontinuing a patient's long-term opioid prescription (i.e., over 30 days), how likely are you to discuss an exit strategy with the patient?

* Very unlikely
* Somewhat unlikely
* Neither likely nor unlikely
* Somewhat likely
* Very likely

Q22 As part of your exit strategy what methods have you used?

Q23 Would you like further education on effective exit strategies?

* Yes
* No

Q24 How would you improve the PMP program to make it more efficient or useful to you for clinical purposes?