

DEMOGRAPHICS

In the New Mexico 2009 Youth Risk & Resiliency Survey, 8,041 Native American students in grades 6-12 ages answered the questions about alcohol use.

High School Students

Female = 1,907
 Male = 1,962
 Not identified = 10
 Total 3,879

Middle School Students

Female = 2,047
 Male = 2,106
 Not identified = 9
 Total 4,162

DEFINITIONS

Current Cannabis user used marijuana at least once in the past 30 days.

For this report only variables that had a p value of $>.005$ were used. If a variable was significant for only one sex then only the results for that sex was reported.



Albuquerque Area Southwest Tribal Epidemiology Center

This report presents Native American youth aggregate results from the 2009 New Mexico Youth Risk and Resiliency Survey (YRRS) for all Middle and High school that that participated YRRS including the Southwest Tribal Youth Project (SWTYP) schools. For more information about the SWTYP contact the Albuquerque Area Southwest Tribal Epidemiology Center at 962-2602 or go to www.aastec.net.

For more information the YRRS:

Dan Green, M.P.H.

Epidemiology and Response Division, NM DOH
 Dan.Green@state.nm.us
 (505)476-1779

William O. Blair, Ph.D.

School and Family Support
 Bureau, NM PED
 williamowen.blair@state.nm.us
 (505) 827-1807

www.YouthRisk.org
<http://nmhealth.org/ERD/HealthData/yrrs.shtml>

Linda J. Peñaloza, Ph.D.

University of New Mexico
 Prevention Research Center
 LPenalozas@salud.unm.edu
 505-272-4462



Healthy Choices, Healthy Students

Drug-Related Behaviors Among Native American Youth in New Mexico

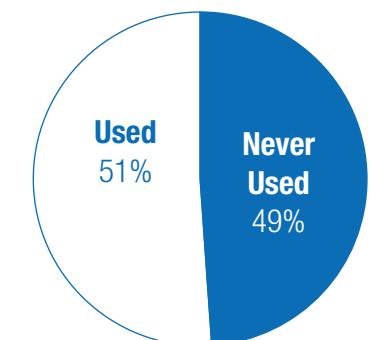
2009 Youth Risk & Resiliency Survey

OVERVIEW

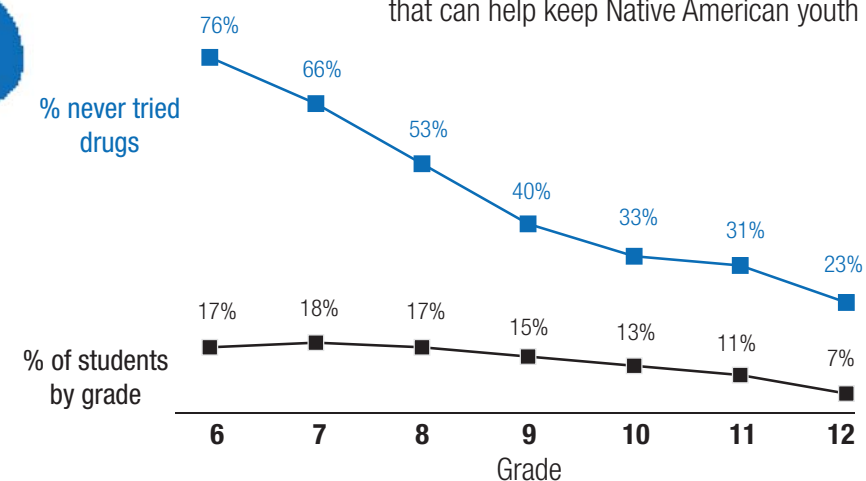
Students who use drugs were more likely to drink, be in a fight, consider suicide, smoke cigars, smoke at school, and have had sex.

Student who did NOT use drug were more likely get mostly A's & B's, have parents who know where they are and are involved in extra-curricular activities.

Almost half of all students had NEVER tried drugs

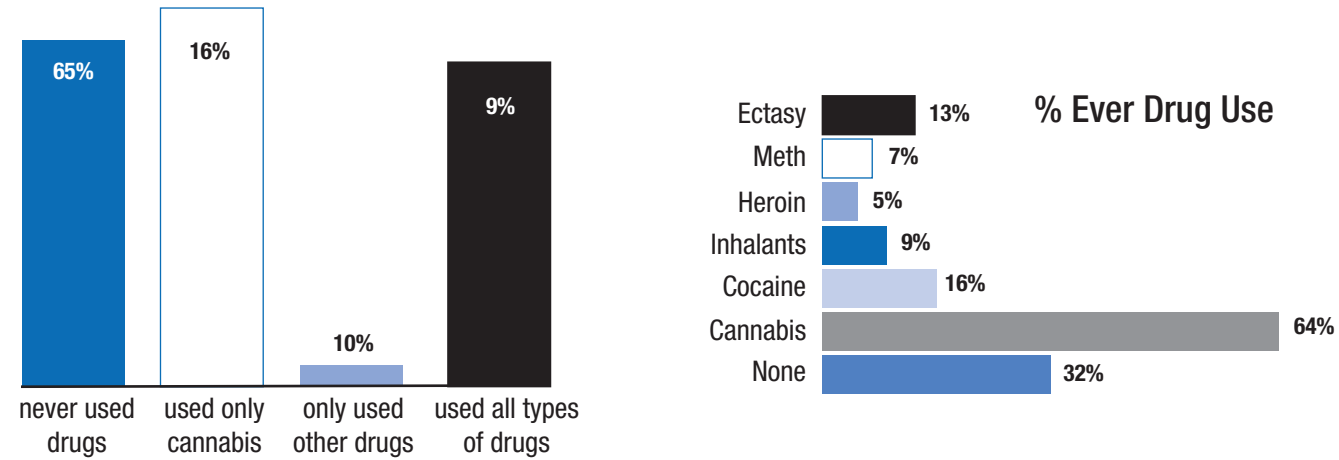


Although the percentage of students that never try drugs decreases with each grade, there are behaviors that might be warning signs and protective factors that can help keep Native American youth from using drugs



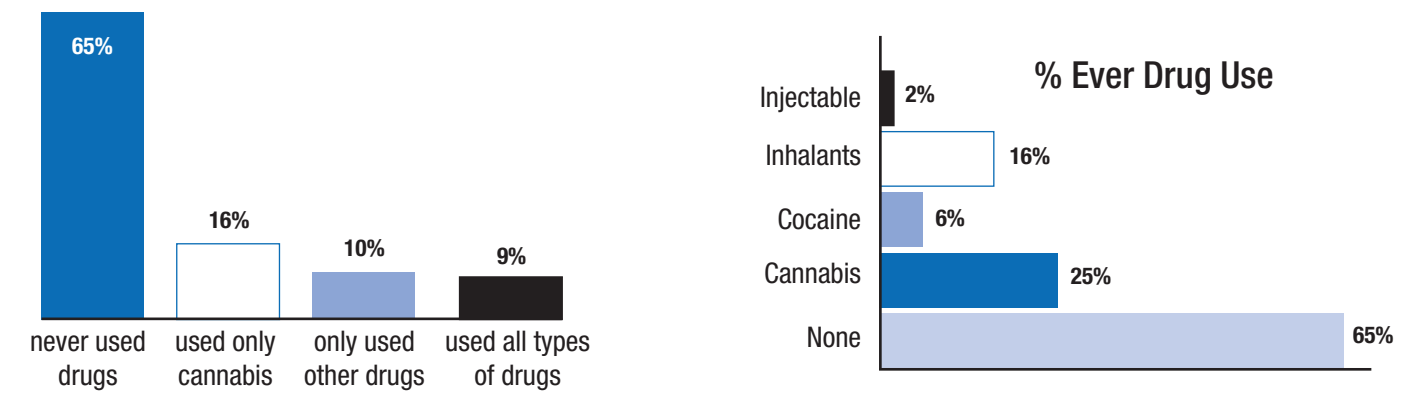
Native American High School Students in New Mexico

1 in 3 students have been offered or sold drugs at school. Almost half the students say it is very easy to get marijuana



Native American Middle School Students in New Mexico

1 in 14 Students used only inhalants



61% No Current Cannabis Use Protective Factors

- ▶ 72% Get mostly A's & B's
- ▶ 94% Parent think using marijuana is wrong or very wrong
- ▶ 44% Think it's harmful to smoke marijuana regularly
- ▶ 83% Girls have an adult at home interested in their school work
- ▶ 68% Have an adult at home who listens to the problems
- ▶ 87% Have an adult that expects them to follow the rules
- ▶ 86% Have an adult who believes they will be a success
- ▶ 68% Have a teacher that cares about them
- ▶ 65% Have a teacher who listens
- ▶ 74% Have a teacher who praise them
- ▶ 81% Parents know where they are
- ▶ 85% Have clear rules about drug and alcohol use
- ▶ 84% Have clear rules and standards for their behavior
- ▶ 89% Plan to go to college
- ▶ 62% Involved in school sports/club

15% Current Cannabis Use Warning Factors

- ▶ 16% Get mostly D's & F's
- ▶ 14% Carried a weapon to school
 - Girls 10%
 - Boys 16%
- ▶ 59% Were in a fight in the last year
- ▶ 14% Were hit by a girl/boy friend
- ▶ 11% Were forced to have sex
- ▶ 38% Felt sad for 2 weeks
 - Girls 48%
 - Boys 28%
- ▶ 24% Considered suicide in past year
- ▶ 20% Made a suicide plan in past year
- ▶ 20% Attempted suicide in past year
- ▶ 18% Smoke at School
- ▶ 15% Use smokeless tobacco
 - Girls 7%
 - Boys 23%
- ▶ 39% Smoked Cigars
 - Girls 31%
 - Boys 45%

- ▶ 62% Tried Marijuana before age 13
- ▶ 41% Currently used Marijuana at school
- ▶ 31% Used Cocaine
- ▶ 15% Used Inhalants
- ▶ 9% Used Heroin
- ▶ 12% Used Meth
- ▶ 24% Used Ecstasy
- ▶ 28% Used Pain Killers
- ▶ 79% Drink Alcohol
- ▶ 77% Have had sex
- ▶ 53% Are currently sexually active
- ▶ 46% Most all close friends use drugs
- ▶ 56% Skipped or Ditch School

85% No Current Cannabis Use Protective Factors

- ▶ 75% Get mostly A's & B's
- ▶ 62% Have an adult at home who listens to the problems
- ▶ 50% Have Parents that talks with them
- ▶ 53% Parents know where they are
- ▶ 77% Have clear rules at school
- ▶ 45% Involved in school or community sports/club/ activities

15% Current Cannabis Use Warning Factors

- ▶ 20% Get mostly D's & F's
- ▶ 79% Were in a fight in the last year
- ▶ 42% Seriously considered suicide
 - Girls 65%
 - Boys 31%
- ▶ 30% Made a suicide plan
 - Girls 39%
 - Boys 21%
- ▶ 14% Smoke at School
- ▶ 34% Smoked Cigars
 - Girls 27%
- ▶ 62% Drink Alcohol
- ▶ 19% Used Cocaine
- ▶ 33% Used Inhalants
- ▶ 6% Injected Drugs
- ▶ 44% Have had sex
- ▶ 30% Play video games 3 or more hours a day
- ▶ 41% Friends get into a lot of trouble

