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| Mental Health Module | | | | **Please remember your answers are anonymous**. | | | | |
| These next questions are about your mental and emotional health. | | | | | | | | |
|  | During the past 4 weeks (28 days), how much of the time did you feel … *(Circle the best response)* | | | | | | | |
|  |  | …so sad nothing could cheer you up? MH1\_1 | All of the time 1 | | Most of the time 2 | Some of the time 3 | A little of the time 4 | None of the time 5 |
|  |  | …nervous? MH1\_2 | All of the time | | Most of the time | Some of the time | A little of the time | None of the time |
|  |  | …restless or fidgety? MH1\_3 | All of the time | | Most of the time | Some of the time | A little of the time | None of the time |
|  |  | …hopeless? MH1\_4 | All of the time | | Most of the time | Some of the time | A little of the time | None of the time |
|  |  | … that everything was an effort? MH1\_5 | All of the time | | Most of the time | Some of the time | A little of the time | None of the time |
|  |  | …worthless? MH1\_6 | All of the time | | Most of the time | Some of the time | A little of the time | None of the time |
|  | In the past year, was there any time when you thought you had a mental health, nervous, emotional, drug or alcohol problem? MH2 | | | | | | 1🞏 Yes 0🞏 No | |
|  | In the past year, have you sought help from someone other than your friends or family for your emotions, nerves, mental health, or your use of alcohol or drugs? MH3 | | | | | | 1🞏 Yes 0🞏 No | |
|  | During the past year, have you had difficulty accessing treatment for a mental health or substance abuse problem? MH4 | | | | | | 1🞏 Yes 0🞏 No | |
|  | In the past year, have you felt so low at times that you thought about committing suicide? MH5 | | | | | | 1🞏 Yes 0🞏 No  999🞏 Not Sure | |
|  | In the past year, have you attempted suicide? MH6 | | | | | | 1🞏 Yes 0🞏 No  999🞏 Not Sure | |
|  | During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work or recreation? MH7 | | | | | | \_\_\_\_\_\_ Days (0 = None) | |