

Strategies for Success
MODULE D

Circle the answer that shows how TRUE each statement is about you personally.

| | | | | | |
|-----|---|-----------------|---------------|------------------|----------------|
| D01 | I have goals and plans for the future. | Not at All True | A Little True | Pretty Much True | Very Much True |
| D02 | I plan to graduate from high school. | Not at All True | A Little True | Pretty Much True | Very Much True |
| D03 | I plan to go to college or some other school after high school. | Not at All True | A Little True | Pretty Much True | Very Much True |
| D04 | I know where to go for help with a problem. | Not at All True | A Little True | Pretty Much True | Very Much True |
| D05 | I try to work out problems by talking or writing about them. | Not at All True | A Little True | Pretty Much True | Very Much True |
| D06 | I can work out my problems. | Not at All True | A Little True | Pretty Much True | Very Much True |
| D07 | I can do most things if I try. | Not at All True | A Little True | Pretty Much True | Very Much True |
| D08 | I can work with someone who has different opinions than mine. | Not at All True | A Little True | Pretty Much True | Very Much True |
| D09 | There are many things that I do well. | Not at All True | A Little True | Pretty Much True | Very Much True |
| D10 | I feel bad when someone gets their feelings hurt. | Not at All True | A Little True | Pretty Much True | Very Much True |
| D11 | I try to understand what other people are going through. | Not at All True | A Little True | Pretty Much True | Very Much True |
| D12 | When I need help, I find someone to talk with. | Not at All True | A Little True | Pretty Much True | Very Much True |
| D13 | I enjoy working together with other students my age. | Not at All True | A Little True | Pretty Much True | Very Much True |
| D14 | I stand up for myself without putting others down. | Not at All True | A Little True | Pretty Much True | Very Much True |
| D15 | I try to understand how other people feel and think. | Not at All True | A Little True | Pretty Much True | Very Much True |
| D16 | I understand my moods and feelings. | Not at All True | A Little True | Pretty Much True | Very Much True |
| D17 | I understand why I do what I do. | Not at All True | A Little True | Pretty Much True | Very Much True |
| D18 | There is a purpose to my life. | Not at All True | A Little True | Pretty Much True | Very Much True |