

# • THE TRUTH • ABOUT PRESCRIPTION DRUG ABUSE IN NEW MEXICO

**2 / 50**

In 2011 (most recent data available),  
New Mexico had the second highest total  
drug overdose death rate in the nation.<sup>1</sup>

**49%**



49% of unintentional overdose deaths  
were from prescription opioids like  
painkillers and methadone.<sup>1</sup>



NM ranks 3rd highest in the nation for  
non-medical use of pain relievers.<sup>2</sup>

2-302013 12-17 | 30 | 02

## KEEP AWAY FROM TEENS.

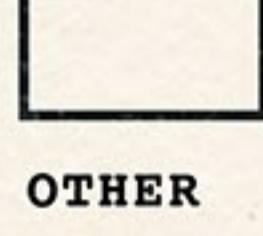
In 2013, the only drug teens used  
to get high with more frequency  
was marijuana.<sup>1</sup>



PARENT/  
GUARDIAN  
SIGNATURE



FRIEND/  
RELATIVE  
SIGNATURE



OTHER

Two out of three teens that abuse  
pain relievers report getting them  
from family members and friends.<sup>2</sup>

Help prevent overdose — safely store  
and dispose unused medications.



Please visit [nmprevention.org](http://nmprevention.org)  
for additional information.

New Mexico Department of Health,  
New Mexico Substance Abuse Epidemiology Profile,  
August 2014

<sup>1</sup>2012-2013 National Survey on Drug Use and Health.

A DOSE  
OF REALITY